

## **Lesson 13: Designing a 5K Course**

Let's map out the 5K course.

## 13.1: Make a Proposal

Your teacher will give you a map of the school grounds.

- 1. On the map, draw in the path you measured earlier with your trundle wheel and label its length.
- 2. Invent another route for a walking course and draw it on your map. Estimate the length of the course you drew.
- 3. How many laps around your course must someone complete to walk 5 km?

## 13.2: Measuring and Finalizing the Course

- 1. Measure your proposed race course with your trundle wheel at least two times. Decide what distance you will report to the class.
- 2. Revise your course, if needed.
- 3. Create a visual display that includes:
  - A map of your final course
  - The starting and ending locations
  - The number of laps needed to walk 5 km
  - Any other information you think would be helpful to the race organizers

## Are you ready for more?

The map your teacher gave you didn't include a scale. Create one.